



**THE MARVEL**  
BEACH HOUSE

**SEASONAL MENU - SPRING/SUMMER 2024**

All prices are in ZAR (South African Rands)

***BREAKFAST***

**CONTINENTAL BREAKFAST**

A selection of fresh seasonal fruits | A selection of cereals and muesli  
Cheeses | Cold meats | Milk of choice | Yoghurt | Fresh seasonal juice

**HOT BREAKFAST**

Kindly place your order with your waitron or chef  
Hot Breakfast at from R220 per person - note this is an additional charge  
*Hot breakfast is not included in your bed and breakfast rate*  
*Option of vegetarian and or vegan breakfast available upon request*

**CHEFS RECOMMENDATION:**

Chef style omelette with mushrooms and spinach | R180.00 (ZAR)

POACHED eggs with hollandaise sauce on multigrain sourdough,  
mushrooms, cherry tomatoes and wild rocket | R180.00 (ZAR)

TWO EGG OMELETTE with any two fillings of your choice | R120.00 (ZAR)

Please do advise chef if you would like fresh garlic and chilli added (no extra cost)

Each additional filling from R20 per item: Spinach | Onions | Peppers | Bacon | Cheese | Tomato

**FULL HOT SOUTH AFRICAN BREAKFAST | R220.00 (ZAR)**

INCLUDES - TWO EGGS - scrambled or fried | Sausage (beef, vegetarian or pork) x 1 |  
Baked beans | Tomato (fresh or grilled) | Mushrooms | Spinach | Toast of your choice or croissant  
Extra charge for additional: BACON and SAUSAGE from R30

Flapjacks x 4 with fresh berries, cream and syrup | R90.00 (ZAR)

**BREADS:** Sourdough, rye, gluten free, white, brown, banana bread, croissant

**SPREADS** R20.00 (ZAR): Peanut butter | Jam

**EXTRAS** from R30 each: Eggs (boiled, fried, scrambled) | Bacon | Sausage | Avocado

***LUNCH (SEASONAL)***

PLEASE ask your waitron for daily special

FISH OF THE DAY with tartar sauce or garlic aoli | R220.00 (ZAR)

SALAD BOWL (quinoa with roasted seeds and spicy chickpeas,  
rocket, red onion, feta and avocado) | R190.00 (ZAR)

SANDWICH OF THE DAY with sweet potato chips and microgreens | R140.00 (ZAR)

Plant based platter with toast (Hummus, olives, tomato, Tempeh, mushrooms and avocado) | R140.00 (ZAR)

Grilled chicken breast with Roasted veggies and rice | R220.00 (ZAR)

Spaghetti Arrabbiata or Neapolitana (advise waitron sauce of choice) | R120.00 (ZAR)

Creamy Gnocchi with Mushrooms, cherry tomatoes and basil pesto | R140.00 (ZAR)

SIDE SALAD | R100.00 (ZAR)



# THE MARVEL

## BEACH HOUSE

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### **DINNER**

(select from a two course or three course menu)

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Kindly speak to Chef for any special requests or vegetarian or vegan options.

Three course menu accompanied by a bottle of chef recommended wine | R1200.00 per person

Two course menu accompanied by a bottle of chef recommended wine | R700.00 per person

Minimum fee of R300 for dinner

*Do note our dinners are upon request and we recommend you place your dinner order by 10h00 the morning of or day of check in with concierge or Chef.*

### **STARTERS**

Butternut or Lentil soup with multigrain sourdough bread

Prawn soup with bread roll

Chicken roulade with spicy tomato and onion sauce

Chilli poppers stuffed with herbed feta cheese

Chicken caesar salad

### **MAINS**

Crispy polenta strips with CHEF'S SPECIAL MEATBALLS and seasonal stir fry veggies

Baked salmon in foil with seasonal veggies and garlic lemon sauce

Creamy chicken paprika with basmati rice

Seared Sirloin Steak with mushroom sauce and roasted seasonal veggies

Pan fried or grilled fish of the day with either chips/potato mash, accompanied with sautéed veggies and aioli

### **DESSERT**

CHEF'S SPECIAL DESSERT OF THE DAY | R120.00 (ZAR)

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**PICNIC BOXES** for two persons sharing (from) | R600.00 (ZAR)

We are happy to pack a picnic box for your beach, rock or day excursion

Kindly book this delicious snack selection with concierge

**CHEESE PLATTERS** - kindly order from your waitron | R120.00 (ZAR)

**SNACKS** (menu from concierge)

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PLEASE NOTE: Kindly note each dish is individually priced. Prices are 15% Vat excluding  
Payment to be made upon checkout and will be added to your final account. CASH OR CARD ACCEPTED.  
Do advise your waitron of any allergies. T's & C's apply

*"GREAT FOOD AND GREAT COMPANY ARE THE TWO LIFE'S SIMPLEST YET GREAT PLEASURES."*